

# Slips, trips and falls can have a **lifetime impact.**



**Diagnosis:**

Torn ligament

**Recovery time:**

Six months – lifetime

**Lifetime impact:**

Permanent disability

Slips, trips and falls are the second leading cause  
of serious workplace injuries in Saskatchewan.



**Don't rush –**  
take your time.



**Check your surroundings,**  
even for regular everyday activities.



**Practice good housekeeping**  
and keep walkways clear.

**WorkSafe**<sup>™</sup>  
SASKATCHEWAN

Work to live.

Take safer steps.  
[worksafesask.ca](http://worksafesask.ca)